



## 5K Run/Walk

**Date:** Saturday, March 20, 2010

**Time:** Race begins 7:30am – registration 7:00am

**Place:** Palm City Park (Mapp Road)

Pre Registration \$15.

Race Day Registration \$20.

All proceeds benefit - Strides for Señora – account set up to help the Cólón Family.

Registration forms available at:

Sailfishstriders.com

Jensen Beach High School

Keiser University

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Name: \_\_\_\_\_ M / F (circle one)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Age \_\_\_\_\_ Run or Walk (circle one)

**Incomplete or Unsigned Entry Forms will not be Accepted.** I hereby express and affirmatively state that I, or my child named herein wish to participate in the above stated activity. I realize that participation in this activity involves risks of injury, including but not limited to loss of future earning capacity, loss or damage to personal property, various degrees and severity of injury, all other possible risks of injury and even death which occur by reason of me/my child's participation and release Palm City Park, Strides for Señora committee and it's sponsors, its agents and employees there from. I intend to be legally bound, and do hereby, for myself, my heirs and executors, waive and release any and all rights and claims for damages which I may have or which may hereinafter accrue to me. If I or participant I represent should suffer injury or illness I authorize officials to the race to use their discretion to be transported to a medical facility and I take full responsibility for this action, I voluntarily choose to participate, or allow my child to participate, assuming all risks. I hereby grant full permission to any and all of the foregoing to use any photographs videotapes or any record for this event for any purpose.

Parent Must Sign Waiver if Child is under 18 years Old.

Participant/Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_

Make checks payable to Strides for Señora