



Martin County Parks & Recreation

Summer Race Series 2009

South Fork 5K (off road)

South Fork High School
June 19, 2009

Downtown Dash 5K

County Administration Building
July 17, 2009

Beach to Beach 5K

Jensen Beach
August 21, 2009

ALL RACES BEGIN AT 7:00 PM, 3rd FRIDAY OF EACH MONTH

Sponsored By:

Divisions

10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Nicholas A. Vincenzo, D.D.S., P.A.

Reconstructive and Cosmetic Dentistry

Awards

Male & Female Overall
Male & Female Masters
1st, 2nd & 3rd in each division

725 SE 5th Street
Stuart, Florida 34994



\$40.00 registration for all three races or \$15.00 pre-reg. per race \$20.00 day of race per race



(772) 221-1419 for more information
jmoore@martin.fl.us

____ South Fork 5k

____ Downtown Dash 5K

____ Beach to Beach 5K

NAME _____ M / F (CIRCLE ONE)

ADDRESS _____

CITY _____ ST _____ ZIP _____

AGE _____ BIRTHDATE _____ PHONE _____

T-shirt size: M L XL

I Hereby express and affirmatively state that I, or my child named herein wish to participate in the above stated activity. I realize that participation in this activity involves risks of injury, including but not limited to loss of future earning capacity, loss or damage to personal property, various degrees and severity of injury, all other possible risks of injury and even death which occur by reason of me/my child's participation and release Martin County/Sailfish Striders/sponsors, its agents, employees therefrom. I voluntarily choose to participate, or allow my child to participate, assuming all risks. Insurance available (\$6.50 for under 18 and \$13 for adults) see recreation staff for more information.

Participant/Parent/Guardian _____ Date _____

Email: _____

Parent Must Sign Waiver if Child is Under 18 Years Old!
Mail completed form to: MCPR, 2401 SE Monterey Rd. Stuart, FL 34996
Attention: Athletics
Make check payable to MCBCC